



# Maya Kogan

Maya Kogan is a coach, speaker, and trainer focused on helping individuals shift their emotional state and, ultimately, their reality. Maya's relevant and passionate talks are accredited by her experience as a Master Coach of Neurolinguistic Programming, HeartMath Trainer, Havening Practitioner, EFT Tapping Practitioner, and Hawaiian Ho'omana Practitioner. Maya engages her audience, making them feel simultaneously energized and at ease. The results are transformational.

## Maya's Signature Topic



### **Riding the Wave: A Guide to Resilience**

*A true measure of success is how well you respond to obstacles. This program offers powerful tools and techniques that are designed to help you ride the waves of life to experience the growth that lives on the other side.*



### **Becoming an Empowered Creator**

*Where attention goes, energy flows. Nowadays, most people's attention is either directed into the familiar past or into a predictable future, which is where their energy flows. This program offers tools to help you become an empowered creator of your life.*

## Testimonial

*"We had a group of about 70 high-powered professional women that work in commercial real estate, and I was able to see them before they went through the Quick Coherence Technique and after, and the energy of the room completely changed for the better".*

*Heather Skinner  
Corporate Real Estate Executive  
AZCREW President 2022*

## Contact



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